



# Ironton City Schools

## Ironton High School Menu

(Menu Subject to Change)

### MARCH 2024



*Student Meals - Free				<b>Breakfast:</b> 1 • Donuts <b>Lunch:</b> • Bosco Sticks or Cheesy Pull-Apart or Fish • Spinach Salad • Baked Chips • Milk	
USDA is an equal opportunity provider.					
<b>Breakfast:</b> 4 • Pop Tarts <b>Lunch:</b> • Hamburger or Cheeseburger • French Fries • Baked Beans • Milk	<b>Breakfast:</b> 5 • Dutch Waffle <b>Lunch:</b> • Burrito w/ Cheese or Taco Stick • Refried Beans • Chips & Salsa • Milk	<b>Breakfast:</b> 6 • Waffles <b>Lunch:</b> • Asian Chicken or Teriyaki Beef Dippers • Vegetable Rice • Egg Roll • Broccoli • Milk	<b>Breakfast:</b> 7 • Cinnamon Texas Toast <b>Lunch:</b> • Salisbury Steak or Meatloaf • Mashed Potatoes & Gravy • Green Beans - Roll • Milk	<b>Breakfast:</b> 8 • Biscuit & Gravy <b>Lunch:</b> • Round Pizza or Fish • Salad • Corn • Sidekick • Milk	
<b>Breakfast:</b> 11 • Nutri-Grain Bar <b>Lunch:</b> • Chicken Strips (Plain or Spicy) • Scalloped Potatoes • Glazed Carrots • Milk	<b>Breakfast:</b> 12 • Muffins <b>Lunch:</b> • Soft Taco or Taco Salad • Fiesta Black Beans • Chips & Salsa • Milk	<b>Breakfast:</b> 13 • Mini Pancakes <b>Lunch:</b> • PB Sandwich or Grilled Cheese • Chili • Celery Sticks • Milk	<b>Breakfast:</b> 14 • Sausage & Cheese Bagel <b>Lunch:</b> • Popcorn Chicken or Chicken Bowl • Mashed Potatoes & Gravy • Corn • Milk	<b>Breakfast:</b> 15 • Donuts <b>Lunch:</b> • Flatbread Pizza (Chicken Alfredo or BBQ Chicken & Bacon) or Fish • Spinach Salad • Baked Chips - Milk	
<b>Breakfast:</b> 18 • Cereal Bar <b>Lunch:</b> • Corn Dog or Fish Sticks • Mac & Cheese • Peas • Milk	<b>19</b> <b>NO SCHOOL</b>		<b>Breakfast:</b> 20 • Bacon, Egg, & Cheese Biscuit <b>Lunch:</b> • Chicken Alfredo or Grilled Chicken • Salad - Breadstick • Glazed Carrots • Milk	<b>Breakfast:</b> 21 • Donut Holes <b>Lunch:</b> • Salisbury Steak or Meatballs • Mashed Potatoes & Gravy • Corn • Roll • Milk	<b>Breakfast:</b> 22 • Biscuit & Gravy <b>Lunch:</b> • Big Daddy Pizza (BBQ Chicken or Buffalo Chicken) or Fish • Broccoli • Doritos • Milk
<b>Breakfast:</b> 25 • Zee Zee Bar <b>Lunch:</b> • Chicken Sandwich • French Fries • Carrot Sticks • Milk	<b>Breakfast:</b> 26 • Pancake • Sausage <b>Lunch:</b> • Goulash • Salad • Green Beans • Breadstick - Sidekick • Milk	<b>Breakfast:</b> 27 • Breakfast Pizza <b>Lunch:</b> • Chicken Nuggets or Pizza • Smiley Fries • Broccoli • Sorbet • Milk	<b>Breakfast:</b> 28 • Muffins <b>Lunch:</b> • Country Fried Steak or Grilled Chicken • Mashed Potatoes & Gravy • Green Beans • Roll - Milk	<b>29</b> <b>NO SCHOOL</b>	

**Spring Break March 29 - April 5. School Resumes on Monday, April 8.**