



Ironton City Schools

Ironton High School Menu

(Menu Subject to Change)

APRIL 2024



*Student Meals - Free

USDA is an equal opportunity provider.

Breakfast: **8**

- Pop Tarts

Lunch:

- Galaxy Pizza
- Sun Chips
- Moon Pie
- Milk

Breakfast: **9**

- Dutch Waffle

Lunch:

- Taco Stick or Burrito
- Refried Beans
- Salsa
- Chips
- Milk

Breakfast: **10**

- Zee Zee Bar

Lunch:

- Philly Cheese Steak or Hot Ham & Cheese Sub
- Loaded Fries
- Carrots
- Milk

Breakfast: **11**

- Donut

Lunch:

- Popcorn Chicken or Chicken Bowl
- Mashed Potatoes & Gravy
- Corn - Roll
- Milk

Breakfast: **12**

- Biscuit & Gravy

Lunch:

- Bosco Sticks or Cheesy Pull-Apart
- Mixed Vegetables
- Doritos
- Milk

Breakfast: **15**

- Cereal Bars

Lunch:

- Chicken Sandwich or Grilled Cheese
- Tater Tots
- Baked Beans
- Milk

Breakfast: **16**

- Pancake Wrap

Lunch:

- Baked Ziti
- Salad
- Green Beans
- Roll
- Milk

Breakfast: **17**

- Sausage Biscuit

Lunch:

- Hot Dog & Sauce or PBJ
- Mozzarella Cheese Sticks
- Carrots
- Milk

Breakfast: **18**

- Pop Tarts

Lunch:

- Salisbury Steak or Meatballs
- Mashed Potatoes & Gravy
- Corn - Roll
- Milk

Breakfast: **19**

- Donut

Lunch:

- Pizza or Fish Sandwich
- Spinach Salad
- Baked Chips
- Milk

Breakfast: **22**

- Nutri-Grain Bar

Lunch:

- Corn Dog or Fish Sticks
- Mac & Cheese
- Peas
- Milk

Breakfast: **23**

- Nutri-Grain Bar

Lunch:

- Corn Dog or Fish Sticks
- Mac & Cheese
- Peas
- Milk

Breakfast: **24**

- Cheese Omelet
- Bacon & Biscuit

Lunch:

- Pulled Chicken Sandwich (Plain or BBQ) - French Fries
- Baked Beans
- Milk

Breakfast: **25**

- Muffins

Lunch:

- Chicken & Noodles or Grilled Chicken
- Mashed Potatoes & Gravy
- Green Beans - Roll
- Milk

Breakfast: **26**

- Biscuit & Gravy

Lunch:

- Bosco Sticks or Cheesy Pull-Apart
- Carrot Sticks
- Baked Chips
- Milk

Breakfast: **29**

- Pop Tarts

Lunch:

- Hamburger or Cheeseburger
- Baked Potato
- Broccoli
- Milk

Breakfast: **30**

- Mini Pancakes

Lunch:

- Chicken Fajita or Taco Stick
- Refried Beans
- Salsa
- Chips
- Milk

